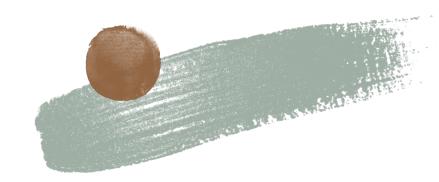
Evening Menu

L'îlot Repère Gourmand Restaurant features delicious, creative and healthy dishes, all while immersing yourself in a warm, exciting and casual atmosphere.



THE FIRST SERVICE		Pork Chop Turlo Romesco sauce, bean stew with cumin, roasted carrot	29
Butternut Squash Velouté Crispy Panko with dukkah and fresh cream	9	Braised Lamb Shank Dukkah, Baba Ganoush, candied fennel	36
Veal Tartare with Shellfish Sumac emulsion, croutons and sprouts	19	Crispy Vegetables and Lentils in Brick Dough	26
Salad "Îlot" With maple vinegar, Louis d'Or shavings, pecans shortbread	12	Mango chutney, vegetables salad marinated in rice vinegar, Tikka Masala yogurt	
Semi-cooked Salmon	16	Prairie Bison Striploin Beets, roasted shallot, red wine sauce and sugar shack spiced butter	58
Cooked at low temperature, fennel vinaigrette, orange emulsion, candied cranberries		8-hour Braised Beef Short Ribs Carrot puree, roasted wild mushrooms,	54
Scotch Egg Chorizo meat, Jerusalem artichoke purée and candied shitake, celery	13	bacon bits, green onions and reduced braising jus	
Warm Grilled Octopus' Salad Mashed grilled peppers and walnuts,	18		
sour cream		STONE AND FIRE	
Origine Cheese from Charlevoix in a Walnut Crust Apples, Metis rose vinegar and dunes pepper	14	American The classic: pepperoni, tomato sauce and mozzarella cheese	22
Change to the Donal	70	mozzarena cheese	
Charcuterie Board Mustard and vegetable condiment	32	Neapolitan Our way: tomato sauce, Fior di latte cheese, basil	22
THE NEXT ONE		Victor du Lac Tomato sauce, cooked Prosciutto, bacon, red onion, goat cheese and mozzarella	25
Chicken Breast Stuffed with Wild Mushrooms Autumn roots puree, poultry jus with mead	32	Golden White White wine sauce, candied onions, potato, Louis d'Or cheese	25
		potato, Louis a Or Cheese	
Monkfish Wrapped in Prosciutto Salsify with chicken stock, mashed squash, virgin olive vinaigrette	32	Vegetarian Inspired Our inspiration of the moment with the flavor of the seasons	25

^{*} Allergies, please inform your server.