

Monday to Friday from 7:30 a.m. to 10:30 a.m.

#### **SMOOTHIE BOWLS**

Our smoothie bowls are made with low-fat vanilla yogurt.

# Tropical

Mangoes, pineapples, grilled coconut and homemade granola with dried fruits

### **Ice Fishing**

Apples and pears poached in mulled wine, homemade granola and fresh mint sprouts

#### THE UNAVOIDABLE

#### Classic Lunch

2 eggs of your choice, potatoes, fresh fruits, choice of sausages or bacon or homemade ham choice of toasts: white, brown, multigrain (+\$1) or grilled baguette (+\$1)

#### Casserole

Mix of bacon, sausages and hash brown vegetables garnished with cheese curds and topped with Mornay sauce, accompanied by 2 sunny-side-up eggs, choice of toasts: white, brown, multigrain (+\*1) or grilled baguette (+\*1)

### \*Scandinavian Salmon

Salmon gravlax with fennel seeds and lemon, fresh cream, cucumber condiment, pickled vegetables, hard-boiled eggs, choice of toasts: white, brown, multigrain (+\*1) or grilled baguette (+\*1)

## **Grilled Cheese**

In a multigrain bread, homemade beer-braised ham, Bergeron cheese with cumin, arugula, served with seasoned potatoes

# On the Go

Classic breakfast sandwich on English muffin, cheddar cheese, mayonnaise, 1 egg and bacon. Served alone without accompaniment.

# THE SWEET SIDE

16

16

18

For those with a sweet tooth, these breakfasts are offered with a choice of Nutella, homemade jam, peanut butter or Quebec maple syrup

Pancakes 16

Generous golden pancakes served with caramelized apples, fleur de sel caramel and mixed caramelized nuts

The Basket

Freshly baked morning pastries, choice of toast, homemade lemon cake, perfect to complement your favorite breakfast

French Toast 15

Homemade recipe composed of pastries and multigrain bread, with pieces of bittersweet chocolate, accompanied by praline chocolate custard

# 19 LES EXTRAS

	Seasoned potatoes	5
	Sausages	4.25
<ul><li>24</li><li>17</li></ul>	Bacon	4.50
	Egg	3.50
	Multigrain bread	4
	Classic toasts	3
	Chocolatine	5
	Croissant	4.75
8	Vanilla yogurt	3.25

<sup>\*</sup> Extra \$5 for breakfast included package.

<sup>\*</sup> Allergies, please inform your server.