

# Breakfast Menu

## **Monday to Friday**

Breakfast à la carte - 7 am to 11 am

# Saturday and Sunday

Breakfast à la carte – 7 am to 12 am Buffet Breakfast – 7 am to 11 am

# À LA CARTE

The Classic

1 egg / 2 eggs, choice of meat, potatoes, choice of bread, fruits

# Brunch plate

2 eggs benedict, bacon, sausage and beer-braised ham, maple glazed pork flank, baked beans, potatoes, french toast, fruits, choice of bread

## Salmon club 21

Smoked salmon, spinach, whole wheat bread, homemade cream with citrus zest, pickled red onions, fruits

#### The basket

Muffin, banana bread, croissant, homemade jam and spread, choice of bread

# Crêpes 14

Homemade pancakes, berries, chocolate sauce, whipped cream

Choice of bread: white, multigrain, baguettine, raisin bread, cranberry bread

## **SMOOTHIE BOWLS**

Wellness 16

Plain yogurt, spinach, frosted raspberries, chia seeds, granola, toasted almonds, honey, choice of bread

Season 16

Vanilla yogurt, cocoa nibs, melting pear, maple syrup, roasted almonds, homemade granola, choice of bread

Exotic 16

Vanilla yogurt, mango, coconut shavings, roasted pineapple, bananas, choice of bread

#### **BUFFET** Saturday and Sunday

Complete 25

Continental 19

#### **EXTRAS**

Eac

26

Lgg	2
Maple syrup	3
Bacon, ham or sausage	4
Pork flank	4
Smoked salmon	5
Baked beans	3
Toasts	2
Hollandaise sauce	3
Crêpes	4

## **NESPRESSO COFFEE**

Ristretto	3.50
Espresso	3.50
Lungo	4.00
Cappuccino	4.00
Macchiato latte	4.50
Iced Latte	4.50

# KIDS MENU

The Classic	10
1 egg, choice of meat, potatoes, choice of bread, fruits	

Crêpes

Homemade pancakes, berries, chocolate sauce, whipped cream

Season 10

Vanilla yogurt, cocoa nibs, melting pear, maple syrup, homemade granola, choice of bread