



BREAKFAST

All our breakfasts include unlimited filter coffee

SMOOTHIE BOWLS FOR THE CAUSE

Served with multigrain bread

-  **Le Bec sucré**
Maple yogurt, candied apple, homemade granola and maple sugar
(\$ 1 will be donated to Club de Canoe Kayak)
-  **Le Gourmand**
Mango yogurt, banana, cocoa nibs, coconut peel, crumble
(\$ 1 will be donated to LB Cycle Bicycle Club)
-  **Le Saisonnier**
Strawberry yogurt, almonds, fresh strawberries, coconut peel, chia seeds, honey
(\$ 1 will be donated to Saisonnier)

EXTRAS

- Egg (1)**
- Maple syrop**
- Bacon, ham or sausage (1)**
- Homemade smoked salmon**
- Baked beans**
- Cretons**
- Toasts (2)**

BREAKFAST PLATES

-  **Chia pudding**
Almond milk, morello cherry yogurt, morello cherry puree, Power granola and honey
- Le classique** **1 egg / 2 eggs**
Choice of meat, baked beans, cretons, toasts
-  **French toast (2)**
Blueberries, brie cheese, homemade granola, vanilla yogurt, almonds and maple syrup
-  **Vegeterian Frittata**
Seasonal vegetables, goat cheese, cherry tomatoes, arugula, toasts
- La frittata gourmande**
Ham, bacon, sausage, fried onions, aged cheddar, arugula, toasts
- Crêpe salé**
Aragula pesto, aged cheddar, ham, scrambled egg, hollandaise sauce, potatoes and little green salad
- Bagel club**
Egg, bacon, aged cheddar, spinach, cucumber, sun-dried tomatoe mayo, potatoes and little green salad
- Smoked salmon benedict** **1 egg / 2 eggs**
Potato rösti, homemade smoked salmon, poached egg, lemon cream, hollandaise sauce, kale chips and small green salad



GREAT WEEKEND BUFFET

Adult

Kid

BUFFET EXTRAS

Egg

Bene with ham

Bene with salmon

BREAKFAST BEVERAGES

Milk

David's Tea

Fair-trade coffee

Nespresso

Espresso

Cappuccino

Mokaccino

Latte

Jus

Orange

Grapefruit

Apple

Cranberry

Smoothie

Banana / Berries / Almonds

Orange / Pineapple / Basil

Mimosa

Glass

Bottle and juice