



## BREAKFAST

All our breakfasts include unlimited filter coffee

## SMOOTHIE BOWLS FOR THE CAUSE

Served with multigrain bread

### **Le Bec sucré**

Maple yogurt, candied apple, homemade granola and maple sugar

(\$ 1 will be donated to Club de Canoe Kayak)

### **Le Gourmand**

Mango yogurt, banana, cocoa nibs, coconut peel, crumble

(\$ 1 will be donated to LB Cycle Bicycle Club)

### **Le Saisonnier**

Strawberry yogurt, almonds, fresh strawberries, coconut peel, chia seeds, honey

(\$ 1 will be donated to Saisonnier)

## EXTRAS

**Egg (1)**

**Maple syrop**

**Bacon, ham or sausage (1)**

**Homemade smoked salmon**

**Baked beans**

**Cretons**

**Toasts (2)**

## BREAKFAST PLATES

### **Chia pudding**

Almond milk, morello cherry yogurt, morello cherry puree, Power granola and honey

### **Le classique**

**1 egg / 2 eggs**

Choice of meat, baked beans, cretons, toasts

### **French toast (2)**

Blueberries, brie cheese, homemade granola, vanilla yogurt, almonds and maple syrup

### **Vegeterian Frittata**

Seasonal vegetables, goat cheese, cherry tomatoes, arugula, toasts

### **La frittata gourmande**

Ham, bacon, sausage, fried onions, aged cheddar, arugula, toasts

### **Crêpe salé**

Aragula pesto, aged cheddar, ham, scrambled egg, hollandaise sauce, potatoes and little green salad

### **Bagel club**

Egg, bacon, aged cheddar, spinach, cucumber, sun-dried tomatoe mayo, potatoes and little green salad

### **Smoked salmon benedict**

**1 egg / 2 eggs**

English muffin, homemade smoked salmon, poached egg, lemon cream, hollandaise sauce, kale chips and small green salad



## GREAT WEEKEND BUFFET

**Adult**

**Kid**

## BUFFET EXTRAS

**Egg**

**Bene with ham**

**Bene with salmon**

## BREAKFAST BEVERAGES

Milk

David's Tea

Fair-trade coffee

### **Nespresso**

Espresso

Cappuccino

Mokaccino

Latte

### **Jus**

Orange

Grapefruit

Apple

Cranberry

### **Smoothie**

Banana / Berries / Almonds

Orange / Pineapple / Basil

### **Mimosa**

Glass

Bottle and juice